

May 2017 Daily Meal Service

519-660-1430
To cancel a meal call the office no later than 11 am the day before your meal delivery

Sunday Delivered on Friday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday Delivered on Friday
	1 Baked Ham <hr/> Pork Loin—NAS	2 Salisbury Steak	3 Coconut Chicken	4 Shepherds Pie	5 Seared Cod with Lemon Zest	6 Teriyaki Chicken
7 Braised Beef with Mashed Potato	8 Grilled Chicken	9 Sausages and Mashed Potato <hr/> Pulled Pork-NAS	10 Beef and Herb Lasagna	11 Pineapple Ginger Chicken	12 Italian Cod	13 Mango Chicken
14 Meatloaf	15 Honey Glazed Meatballs	16 Turkey Shepherds Pie	17 Dijon Pork Loin	18 Chicken Gumbo	19 First of the Season Seasonal Cold Plate (Chicken) Do not heat	20 Beef Stew
21 Pesto Chicken Pasta	22 Victoria Day OFFICE CLOSED No Meal Delivery	23 Roast Beef	24 BBQ Chicken Breast	25 Pulled Pork	26 Baked Salmon	27 Chicken Stir Fry
28 Beef Stroganoff	29 Roast Turkey	30 Lasagna	31 Chicken Pot Pie	We are closed Monday May 22 for Victoria Day, if you need a meal to cover the closure please call the office before May 17th. 519-660-1430		